

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob HEADCOACH

Coaches: Lissens Jeroen

Coaches: Mous Anke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:01
Heat: 2/3 Lane : 4 Athlete: SCHAMP MILANA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:02
Heat: 3/3 Lane : 2 Athlete: FIVAZ ALEXI			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:02
Heat: 3/3 Lane : 3 Athlete: LI YIYANG			Q-time: 00:42:94
PB (25m pool): 00:42.94 Zaventem 08/02/2026			PB (50m pool): no time SB: 00:42.94 Zaventem 08/02/2026
PB	2 5 M	5 0 M	
		00:42.94	
	00:42.94		
			

Coach feedback:

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Event number: 2: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/2 Lane : 1 Athlete: DE VOCHT FLORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+										Heat:5, starttime: 14:26	
Heat: 5/5 Lane : 5 Athlete: GINKELS ROBBE										Q-time: 01:11:35	
PB (25m pool): 01:12.21 Mons 26/10/2025					PB (50m pool): 01:11.35SB: 01:12.21 Mons 26/10/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:34.66				01:12.21				
	00:34.66				00:37.55						
											

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+										Heat:2, starttime: 14:56	
Heat: 2/11 Lane : 3 Athlete: VERMEULEN LOUISE										Q-time: 01:45:26	
PB (25m pool): 01:45.26 LEUVEN 21/12/2025					PB (50m pool): 01:51.19SB: 01:45.26 LEUVEN 21/12/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:51.27				01:45.26				
			00:51.27				00:53.99				
											

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:56
Heat: 2/11 Lane : 5 Athlete: VAN DE WINKEL MAUD					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:59
Heat: 3/11 Lane : 2 Athlete: CREEMERS LIEZE					Q-time: 01:43:18
PB (25m pool): 01:44.84 Mons 26/10/2025 PB (50m pool): 01:43.18 SB: 01:44.84 Mons 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.28		01:44.84	
	00:50.28		00:54.56		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:01
Heat: 4/11 Lane : 1 Athlete: VANDENSANDE CLARA					Q-time: 01:41:54
PB (25m pool): 01:50.70 LEUVEN 21/12/2025 PB (50m pool): 01:41.54 SB: 01:50.70 LEUVEN 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.30		01:50.70	
	00:55.30		00:55.40		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/11 Lane : 1 Athlete: VANDENSANDE LUCÍA					Q-time: 01:38:41
PB (25m pool): 01:44.90 LEUVEN 21/12/2025 PB (50m pool): 01:38.41 SB: 01:44.90 LEUVEN 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.45		01:44.90	
	00:50.45		00:54.45		
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/11 Lane : 3 Athlete: DE RYCK HANNE					Q-time: 01:33:17
PB (25m pool): 01:34.92 LEUVEN 21/12/2025					PB (50m pool): 01:33.17 SB: 01:34.92 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.31		01:34.92	
	00:46.31		00:48.61		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 15:07
Heat: 6/11 Lane : 2 Athlete: VAN HOUDT SEOANE LISA					Q-time: 01:29:34
PB (25m pool): 01:34.74 Leuven 23/02/2025					PB (50m pool): 01:29.34 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.34		01:34.74	
	00:46.34		00:48.40		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 15:07
Heat: 6/11 Lane : 3 Athlete: BOBEVA DARA					Q-time: 01:28:37
PB (25m pool): 01:28.37 Tremelo 24/05/2026					PB (50m pool): 01:31.16 SB: 01:28.37 Tremelo 24/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.55		01:28.37	
	00:43.55		00:44.82		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:12
Heat: 8/11 Lane : 1 Athlete: SOARES ALMEIDA ANNA					Q-time: 01:23:73
PB (25m pool): 01:23.73 Temse 17/11/2025					PB (50m pool): 01:24.68 SB: 01:23.73 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.07		01:23.73	
	00:42.07		00:41.66		
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:14
Heat: 9/11 Lane : 1 Athlete: GADEYNE OLIVIA					Q-time: 01:21:53
PB (25m pool): 01:22.56 LEUVEN 22/02/2026					PB (50m pool): 01:21.53 SB: 01:22.56 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.38		01:22.56	
	00:40.38		00:42.18		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:16
Heat: 10/11 Lane : 3 Athlete: ANTIPINA ALEXANDRA					Q-time: 01:17:06
PB (25m pool): 01:17.06 Mons 26/10/2025					PB (50m pool): 01:19.45 SB: 01:17.06 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.68		01:17.06	
	00:37.68		00:39.38		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:19
Heat: 11/11 Lane : 1 Athlete: BURSSSENS EMMA					Q-time: 01:15:37
PB (25m pool): 01:15.37 Leuven 12/10/2025					PB (50m pool): 01:19.88 SB: 01:15.37 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.37	
	no time				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:1, starttime: 15:21
Heat: 1/10 Lane : 4 Athlete: SIGSWORTH KAYA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+			Heat:2, starttime: 15:22
Heat: 2/10 Lane : 4 Athlete: KERREMANS SEM			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:2, starttime: 15:22
Heat: 2/10 Lane : 5 Athlete: SPAAS MILOU			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:26
Heat: 5/10 Lane : 1 Athlete: ARUSTAMYAN ARTHUR			Q-time: 00:39:82
PB (25m pool): 00:39.82 Vilvoorde 18/05/2025 PB (50m pool): 00:43.35 SB: 00:40.33 LEUVEN 23/11/2025			
	2 5 M	5 0 M	
PB		00:39.82	
	00:39.82		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:8, starttime: 15:29
Heat: 8/10 Lane : 3 Athlete: RATIU THOMAS			Q-time: 00:30:65
PB (25m pool): 00:30.65 LEUVEN 23/11/2025 PB (50m pool): 00:30.91 SB: 00:30.65 LEUVEN 23/11/2025			
	2 5 M	5 0 M	
PB		00:30.65	
	00:30.65		
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 6: 50M FREESTYLE MEN 11+										Heat:8, starttime: 15:29	
Heat: 8/10 Lane : 5 Athlete: DUDLEY JOHN ANDREW										Q-time: 00:32:16	
PB (25m pool): 00:32.16 LEUVEN. 22/02/2026										PB (50m pool): no time SB: 00:32.16 LEUVEN. 22/02/2026	
	2 5 M		5 0 M								
PB			00:32.16								
			00:32.16								
											

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+										Heat:9, starttime: 15:30	
Heat: 9/10 Lane : 2 Athlete: GINKELS ROBBE										Q-time: 00:30:18	
PB (25m pool): 00:30.18 LEUVEN. 22/02/2026										PB (50m pool): 00:30.96SB: 00:30.18 LEUVEN. 22/02/2026	
	2 5 M		5 0 M								
PB			00:30.18								
			00:30.18								
											

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9						Heat:1, starttime: 15:33		
Heat: 1/3 Lane : 3 Athlete: LI YIYANG						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9						Heat:1, starttime: 15:33		
Heat: 1/3 Lane : 5 Athlete: FIVAZ ALEXI						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:3, starttime: 15:40	
Heat: 3/3 Lane : 5 Athlete: SCHAMP MILANA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:53	
Heat: 1/7 Lane : 3 Athlete: VANDENSANDE CLARA							Q-time: 03:32:44	
PB (25m pool): 03:32.44 LEUVEN 23/11/2025			PB (50m pool): no time SB: 03:32.44 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.16		01:44.60		02:40.99		03:32.44
	00:48.16		00:56.44		00:56.39		00:51.45	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:57	
Heat: 2/7 Lane : 1 Athlete: VANDENSANDE LUCÍA							Q-time: 03:25:65	
PB (25m pool): 03:25.65 LEUVEN 23/11/2025			PB (50m pool): no time SB: 03:25.65 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.69		01:39.36		02:33.49		03:25.65
	00:44.69		00:54.67		00:54.13		00:52.16	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:57	
Heat: 2/7 Lane : 3 Athlete: VERMEULEN LOUISE							Q-time: 03:20:43	
PB (25m pool): 03:20.43 Dilbeek 10/05/2026			PB (50m pool): no time SB: 03:20.43 Dilbeek 10/05/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.21		01:35.52		no time		03:20.43
	00:43.21		00:52.31					
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:57	
Heat: 2/7 Lane : 4 Athlete: CREEMERS LIEZE							Q-time: 03:22:39	
PB (25m pool): 03:22.39 Dilbeek 10/05/2026				PB (50m pool): no time SB: 03:22.39 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.26		01:39.32		no time		03:22.39
	00:46.26		00:53.06					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:57	
Heat: 2/7 Lane : 5 Athlete: VAN DE WINKEL MAUD							Q-time: 03:23:28	
PB (25m pool): 03:23.28 Dilbeek 10/05/2026				PB (50m pool): no time SB: 03:23.28 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.32		01:36.60		no time		03:23.28
	00:45.32		00:51.28					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:01	
Heat: 3/7 Lane : 3 Athlete: DE RYCK HANNE							Q-time: 02:57:72	
PB (25m pool): 02:57.72 LEUVEN 23/11/2025				PB (50m pool): 02:58.54SB: 02:57.72 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.31		01:26.33		02:12.97		02:57.72
	00:40.31		00:46.02		00:46.64		00:44.75	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/7 Lane : 2 Athlete: BOBEVA DARA							Q-time: 02:52:08	
PB (25m pool): 02:52.08 LEUVEN 23/11/2025				PB (50m pool): 02:54.52SB: 02:52.08 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.48		01:21.89		02:07.50		02:52.08
	00:38.48		00:43.41		00:45.61		00:44.58	
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/7 Lane : 4 Athlete: VAN HOUTD SEOANE LISA							Q-time: 02:50:23	
PB (25m pool): 02:50.23 LEUVEN 23/11/2025				PB (50m pool): no time SB: 02:50.23 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.27		01:25.16		02:09.29		02:50.23
	00:40.27		00:44.89		00:44.13		00:40.94	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:08	
Heat: 5/7 Lane : 3 Athlete: VANHEULE LÉA							Q-time: 02:35:98	
PB (25m pool): 02:35.98 LEUVEN 21/12/2025				PB (50m pool): 02:39.65SB: 02:35.98 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.39		01:15.20		01:55.88		02:35.98
	00:35.39		00:39.81		00:40.68		00:40.10	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:11	
Heat: 6/7 Lane : 3 Athlete: ANTIPINA ALEXANDRA							Q-time: 02:32:27	
PB (25m pool): 02:32.27 LEUVEN 23/11/2025				PB (50m pool): 02:36.54SB: 02:32.27 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.68		01:13.68		01:54.49		02:32.27
	00:34.68		00:39.00		00:40.81		00:37.78	
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:11	
Heat: 6/7 Lane : 5 Athlete: SOARES ALMEIDA ANNA							Q-time: 02:35:25	
PB (25m pool): 02:35.25 LEUVEN 23/11/2025				PB (50m pool): 02:39.91SB: 02:35.25 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.60		01:15.63		01:56.33		02:35.25
	00:35.60		00:40.03		00:40.70		00:38.92	
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:14	
Heat: 7/7 Lane : 1 Athlete: GADEYNE OLIVIA							Q-time: 02:31:44	
PB (25m pool): 02:31.44 Tremelo 24/05/2026				PB (50m pool): 02:40.74SB: 02:31.44 Tremelo 24/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.41		01:14.40		no time		02:31.44
	00:35.41		00:38.99					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:14	
Heat: 7/7 Lane : 3 Athlete: BURSSSENS EMMA							Q-time: 02:24:76	
PB (25m pool): 02:24.76 LEUVEN 23/11/2025				PB (50m pool): 02:27.83SB: 02:24.76 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.87		01:09.47		01:47.49		02:24.76
	00:32.87		00:36.60		00:38.02		00:37.27	
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:22	
Heat: 2/6 Lane : 3 Athlete: MEYFROODT FELIX							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:22	
Heat: 2/6 Lane : 4 Athlete: SPADEA SAMUELE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 9: 200M FREESTYLE MEN 11+							Heat:4, starttime: 16:30	
Heat: 4/6 Lane : 1 Athlete: ARUSTAMYAN ARTHUR							Q-time: 03:22:29	
PB (25m pool): 03:22.29 LEUVEN 23/11/2025			PB (50m pool): no time SB: 03:22.29 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.60		01:35.99		02:31.38		03:22.29
	00:42.60		00:53.39		00:55.39		00:50.91	
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:4, starttime: 16:30	
Heat: 4/6 Lane : 4 Athlete: SIGSWORTH KAYA							Q-time: 03:01:62	
PB (25m pool): 03:01.62 Dilbeek 10/05/2026				PB (50m pool): no time SB: 03:01:62 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.65		01:28.83		no time		03:01.62
	00:41.65		00:47.18					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:5, starttime: 16:34	
Heat: 5/6 Lane : 5 Athlete: DUDLEY JOHN ANDREW							Q-time: 02:55:14	
PB (25m pool): 02:55.14 Meise 22/06/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.27		01:25.53		no time		02:55.14
	00:40.27		00:45.26					
								

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+										Heat:1, starttime: 16:43	
Heat: 1/10 Lane : 2 Athlete: CREEMERS LIEZE										Q-time: 00:45:29	
PB (25m pool): 00:48.95 Leuven 23/02/2025										PB (50m pool): 00:45.29SB: no time	
PB	2 5 M		5 0 M								
			00:48.95								
			00:48.95								
											

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 16:43
Heat: 1/10 Lane : 3 Athlete: VERMEULEN LOUISE			Q-time: 00:43:73
PB (25m pool): 00:43.73 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:43.73 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:43.73	
		00:43.73	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:45
Heat: 2/10 Lane : 4 Athlete: VANDENSANDE CLARA			Q-time: 00:41:13
PB (25m pool): 00:41.13 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:41.13 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:41.13	
		00:41.13	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:45
Heat: 2/10 Lane : 5 Athlete: VAN DE WINKEL MAUD			Q-time: 00:43:31
PB (25m pool): 00:43.31 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:43.31 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:43.31	
		00:43.31	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:46
Heat: 3/10 Lane : 2 Athlete: VANDENSANDE LUCÍA			Q-time: 00:39:27
PB (25m pool): 00:39.27 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:39.27 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:39.27	
		00:39.27	
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:47
Heat: 4/10 Lane : 1 Athlete: VAN HOUDT SEOANE LISA			Q-time: 00:38:51
PB (25m pool): 00:38.51 Leuven 23/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.51	
		00:38.51	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:47
Heat: 4/10 Lane : 5 Athlete: DE RYCK HANNE			Q-time: 00:37:69
PB (25m pool): 00:38.35 Vilvoorde 18/05/2025			PB (50m pool): 00:37.69 SB: no time
	2 5 M	5 0 M	
PB		00:38.35	
		00:38.35	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:48
Heat: 5/10 Lane : 2 Athlete: BOBEVA DARA			Q-time: 00:35:29
PB (25m pool): 00:35.29 LEUVEN 23/11/2025			PB (50m pool): 00:35.72 SB: 00:35.29 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:35.29	
		00:35.29	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:49
Heat: 6/10 Lane : 3 Athlete: SOARES ALMEIDA ANNA			Q-time: 00:33:80
PB (25m pool): 00:33.80 Leuven 12/10/2025			PB (50m pool): 00:33.90 SB: 00:33.80 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:33.80	
		00:33.80	
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:6, starttime: 16:49	
Heat: 6/10 Lane : 4 Athlete: DE VOCHT FLORE				Q-time: 00:33:92	
PB (25m pool): no time				PB (50m pool): 00:33.92 SB: no time	
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+						Heat:7, starttime: 16:50	
Heat: 7/10 Lane : 3 Athlete: VANHEULE LÉA					Q-time: 00:33:16		
PB (25m pool): 00:36.92 Aarschot 04/05/2025						PB (50m pool): 00:33.16SB: no time	
	2 5 M		5 0 M				
PB			00:36.92				
			00:36.92				
							

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:51		
Heat: 8/10 Lane : 3 Athlete: ANTIPINA ALEXANDRA							Q-time: 00:32:13		
PB (25m pool): 00:33.22 Hoogstraten 28/09/2025							PB (50m pool): 00:32.13SB: 00:33.22 Hoogstraten 28/09/2025		
	2 5 M		5 0 M						
PB			00:33.22						
			00:33.22						
									

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:55
Heat: 1/8 Lane : 4 Athlete: SPAAS MILOU				Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:58
Heat: 2/8 Lane : 5 Athlete: MEYFROODT FELIX					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 17:04
Heat: 4/8 Lane : 2 Athlete: SPADEA SAMUELE					Q-time: 01:37:17
PB (25m pool): 01:37.17 Tremelo 24/05/2026 PB (50m pool): no time SB: 01:37.17 Tremelo 24/05/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.13		01:37.17	
	00:47.13 00:50.04				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 17:04
Heat: 4/8 Lane : 3 Athlete: ARUSTAMYAN ARTHUR					Q-time: 01:36:59
PB (25m pool): 01:41.62 Vilvoorde 18/05/2025 PB (50m pool): 01:36.59 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.27		01:41.62	
	00:49.27 00:52.35				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 17:04
Heat: 4/8 Lane : 4 Athlete: KERREMANS SEM					Q-time: 01:37:17
PB (25m pool): 01:37.17 Tremelo 24/05/2026 PB (50m pool): no time SB: 01:37.17 Tremelo 24/05/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.72		01:37.17	
	00:46.72 00:50.45				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:06
Heat: 5/8 Lane : 2 Athlete: SIGSWORTH KAYA					Q-time: 01:32:53
PB (25m pool): 01:32.53 Tremelo 24/05/2026					PB (50m pool): 01:37.57 SB: 01:32.53 Tremelo 24/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.10		01:32.53	
	00:50.10		00:42.43		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:06
Heat: 5/8 Lane : 5 Athlete: DUDLEY JOHN ANDREW					Q-time: 01:32:75
PB (25m pool): 01:31.94 Tremelo 15/12/2024					PB (50m pool): 01:33.09 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.47		01:31.94	
	00:45.47		00:46.47		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 17:11
Heat: 7/8 Lane : 3 Athlete: RATIU THOMAS					Q-time: 01:14:31
PB (25m pool): 01:14.31 Temse 17/11/2025					PB (50m pool): 01:15.24 SB: 01:14.31 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.66		01:14.31	
	00:36.66		00:37.65		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 17:11
Heat: 7/8 Lane : 4 Athlete: GINKELS ROBBE					Q-time: 01:14:79
PB (25m pool): 01:16.62 LEUVEN 21/12/2025					PB (50m pool): 01:14.79 SB: 01:16.62 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.09		01:16.62	
	00:37.09		00:39.53		
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:18
Heat: 2/5 Lane : 3 Athlete: GADEYNE OLIVIA					Q-time: 01:40:46
PB (25m pool): 01:40.46 Zaventem 15/07/2025					PB (50m pool): 01:44.09 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.55		01:40.46	
	00:44.55		00:55.91		
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:20
Heat: 3/5 Lane : 2 Athlete: VANHEULE LÉA					Q-time: 01:26:22
PB (25m pool): 01:26.22 LEUVEN 21/12/2025					PB (50m pool): 01:28.65 SB: 01:26.22 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.74		01:26.22	
	00:38.74		00:47.48		
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:20
Heat: 3/5 Lane : 4 Athlete: BURSSSENS EMMA					Q-time: 01:26:11
PB (25m pool): 01:26.11 Aarschot 04/05/2025					PB (50m pool): 01:26.98 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.27		01:26.11	
	00:37.27		00:48.84		
					

Coach feedback: